

Nutrition and Metabolism Nu.Me.



2nd International Mediterranean Meeting

Granada (Spain)
June 16-19, 2010

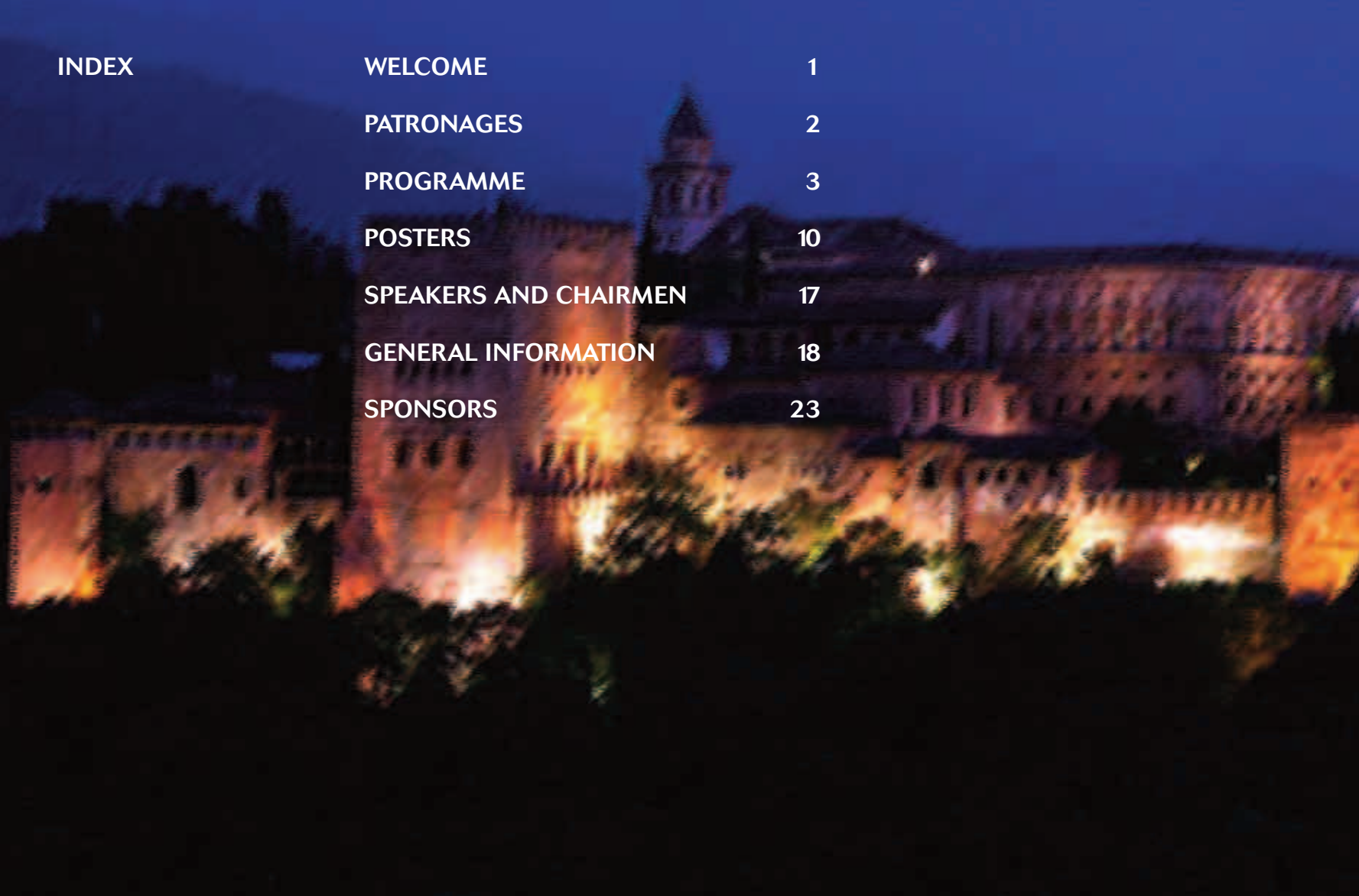
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Final Programme

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WELCOME

The Mediterranean Sea can be defined as an inland sea basin of the Atlantic Ocean, surrounded by Europe to the north, Africa to the south, and Asia to the east. Many consider the Mediterranean to be the most important center in the development of human civilization because the entire history of the ancient world evolved and came to an end within its geographic boundaries: more civilizations rose and succeeded each other on its shores and its islands than in any other part of the globe. The waters of the Mediterranean have been a place of unity and of conflict between peoples, and the Mediterranean diet a point of contact and of mutual awareness.

For this reason the "Associazione Italiana di Dietetica e Nutrizione Clinica (ADI)" has considered it timely to open up to this area and to the collaboration between the scientific organizations and the experts in the countries that border this sea through the holding of an international meeting and the publication of a scientific review that includes the adjective Mediterranean in their title and that deal with nutrition and metabolism.

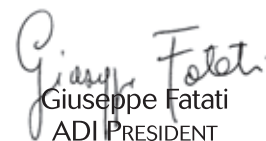
The first meeting was held in Brindisi, Italy, a logical choice for its geographic position between East and West, and the interest it aroused encourages us to move ahead. The choice of Spain as the setting of the second meeting is motivated by its historical importance in the Mediterranean area and by its great scientific tradition in the fields of nutrition and metabolism.

The topics addressed will be those of diabetes and obesity, with special attention given to the most fragile population groups: children and the undernourished. There is a clear tendency toward an increase in both the incidence and prevalence of obesity and diabetes in all

the industrialized countries and in the technologically developing countries. The increased prevalence of type 2 diabetes in the world has led the WHO to speak of a real "epidemic." Terms such as globesity and diabetes are now in common use, and the scientific world agrees in recognizing that if immediate action is not taken there could be very serious health problems for millions of people in the next few years. Nutrigenomics and nutrigenetics are innovative fields of research which should lead us to understand increasingly better in what way a food or, better, particular eating habits, interfere in the functioning of the body at the molecular metabolic level.

It is a great honor and pleasure for the "Associazione Italiana di Dietetica e Nutrizione Clinica" and the "Fondazione ADI" to be able to share the experience and the project with the prestigious "Sociedad Andaluza de Nutrición Clínica y Dietética" and the "Fondazione Universitaria Iberoamericana", which will make a substantial contribution to the event's success.

The choice of Granada, which is called the true cultural capital of Andalusia, was no mere coincidence, as its geographic location has made it a meeting ground and place where the Iberian, Roman and Islamic cultures have coexisted peacefully. We are confident that this meeting will lead to new and stronger collaborations between those who care about the future of nutrition.


Giuseppe Fatati
ADI PRESIDENT

UNDER THE PATRONAGE



ADI Associazione Italiana
di Dietetica e Nutrizione Clinica
ONLUS - Federata FeSIN



President

G. Fatati (Italy)

Scientific Committee

Y. N. Berner (Israel)
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A. Martinez (Spain)
J. L. Quiles (Spain)
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A. Caretto (Italy)

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**HOTEL ABADES NEVADA CONFERENCE CENTRE**

15.00/19.00 Opening of the registration desk and attendee accreditation

**AULA MAGNA UNIVERSITY OF GRANADA FACULTY OF MEDICINE**

19.00 Transfer from the Conference Centre to the University

19.30 **Opening Ceremony**

G. Fatati

20.00 **Mediterranean diet: nutrition and prevention**

L. Serra i Majem

**MUNICIPALITY OF GRANADA**

21.30 *Welcome Reception*



HOTEL ABADES NEVADA CONFERENCE CENTRE

LECTURE

9.00	Mediterranean diet: bridging the generation gap	<i>A. Trichopoulou</i>
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SESSION 1

In memory of Prof. José Mataix Verdú

**CHILDHOOD OBESITY: PREVENTION
INTERVENTION IN THE MEDITERRANEAN AREA
NUTRITION EDUCATION IN CHILDHOOD**

Chairmen:
*Á. Gil Hernández,
J. Chamorro Quirós*

9.30	Impact of childhood obesity on adulthood	<i>M. Gil-Campos</i>
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9.55	Childhood obesity worldwide compared to childhood obesity in the Mediterranean area	<i>L. Serra i Majem</i>
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10.20	Prevention of childhood obesity: the Perseo study	<i>J. Aranceta Bartrina</i>
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10.45	<i>Coffee Break and Stand Exhibition</i>	
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11.00	Studies on the use of the Mediterranean diet in childhood obesity and their application	<i>M. Delgado Rodríguez</i>
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11.25	Pediatric nutritional education	<i>M. Serra Alias</i>
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11.50	Discussion and Conclusions	
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12.00	POSTER SESSION I	Chairmen: <i>E. Bertoli, J. L. Quiles</i>
13.30	<i>Buffet Lunch</i>	
	SESSION 2	
	OBESITY AND METABOLIC SYNDROME	Chairmen: <i>S. Leotta, A. Martínez</i>
	LECTURE	
14.30	Glycemic variability and cardiometabolic risk	<i>A. Ceriello</i>
15.00	Metabolic syndrome pathophysiology: recent hypothesis	<i>M. A. Fusco</i>
15.25	Role of monoamines in metabolic syndrome	<i>P. Magni</i>
15.50	A nutrigenomic approach to glycolipotoxicity in pancreatic b-cell	<i>E. Roche Collado</i>
16.15	Taste receptors: clinical evidence	<i>R. Barale</i>
16.40	Visceral obesity therapy	<i>J. Culebras Fernández</i>
17.05	Discussion and Conclusions	
17.15	<i>Coffee Break and Stand Exhibition</i>	

	ROUND TABLE SEPA Sociedad Española de Periodoncia	Chairmen: <i>M. Battino, I. Chapple</i>
17.30	Metabolic syndrome and periodontitis: is oxidative stress a common link?	<i>P. Bullon</i>
17.55	Nutrition-linked chronic diseases	<i>I. Chapple</i>
18.20	Discussion and Conclusions	
18.40	End of the working session	
20.30	Transfer from the Conference Hotel	

**ALHAMBRA PALACE HOTEL**

21.00 *Social Dinner*

	LECTURE	
9.00	Diabetes mellitus and Incretins	<i>I. Conget Donlo</i>
	SESSION 3	
	DIABETES MELLITUS, DYSLIPIDEMIA, HYPERTENSION AND CARDIOVASCULAR RISK	Chairmen: <i>R. Belahsen, M. A. Fusco</i>
9.30	Therapeutic algorithm of type 2 diabetes: role of glycemic self-monitoring	<i>M. Serrano Ríos</i>
9.55	Exposure and variability: the two dimensions of glycemic self-monitoring	<i>M. Domínguez López</i>
10.20	Cardiovascular risk and lifestyle	<i>M. Gerber</i>
10.45	<i>Coffee Break and Stand Exhibition</i>	
11.00	CoQ10 and cardiovascular risk prediction	<i>G. P. Littarru</i>
11.25	HDL-cholesterol and pharmacological treatment	<i>M. Arca</i>
11.50	The role of micronutrients in cardiovascular disease prevention	<i>F. Visioli</i>
12.15	Cardiovascular primary prevention: role of statins	<i>L. Badimon</i>
12.40	Discussion and Conclusions	
12.50	POSTER SESSION II	Chairmen: <i>E. Bertoli, J. L. Quiles</i>
13.30	<i>Buffet Lunch</i>	

SESSION 4

ARTIFICIAL NUTRITION

Chairman:
J. A. Irlles Rocamora

14.30	ADI-AMD recommendations	<i>G. Fatati</i>
14.55	Enteral nutrition: evidence	<i>y. N. Berner</i>
15.20	Lipid emulsions in parenteral nutrition	<i>M. L. Amerio</i>
15.45	Artificial nutrition in developing countries	<i>G. S. Sukkar</i>
16.10	Glycemic control in artificial nutrition	<i>M. Parillo</i>
16.35	Discussion and Conclusions	
16.45	<i>Coffee Break and Stand Exhibition</i>	
17.00	News in nutrition and metabolism research Discussion and future scientific research with and among experts	Discussion leader: <i>A. Caretto, J. Chamorro Quirós</i>
18.30	End of the working session	

ALHAMBRA GUIDED VISIT

19.30	Transfer from the Conference Hotel	
20.00	<i>Spanish Dinner in typical restaurants</i>	
22.00	<i>Guided visit to the Alhambra (The Nasrid Palaces)</i>	





9.00	Mediterranean Journal of Nutrition and Metabolism	<i>G. S. Sukkar</i>
9.25	Best Poster Awards	<i>E. Bertoli, J. L. Quiles</i>
9.45	Malnutrition in the world. update 2010. World Food Program WFP	<i>M. Bloem</i>
10.10	Mediterranean diet and obesity	<i>T. Medina</i>
10.35	ROUND TABLE Historical and traditional background on Mediterranean Diet Scientific Societies and people communication	Discussion leaders: <i>E. Bertoli, L. Serra i Majem</i> <i>R. Belahsen, G. Fatati,</i> <i>J. Chamorro Quirós,</i> <i>A. Trichopoulou, M. Gerber</i>
12.00	Meeting final scientific considerations	
	Departures	

P. 1	Effect of fortified petrini plus®olive oil on erythrocyte membrane properties: a study on menopausal woman	<i>A. Alidori, L. Nanetti, G. Montecchiani, L. Mazzanti, F. Raffaelli, A. Vignini</i>
P. 2	Pasta and postprandial glycemia: effect of resistant starch	<i>T. Bacchetti, E. Bertoli, G. Ferretti</i>
P. 3	Effects of nutritional treatment in obese and overweight patients with chronic venous insufficiency: preliminary study	<i>C. Badiali, I. Del Ciondolo, E. Lapini, C. Francalanci, E. Paolini, St. Mancini, M. Menchinelli, G. Tommassino, R. Mattei</i>
P. 4	Breast cancer risk and consumption of alcohol and alcoholic beverages	<i>F. Bessaoud, C. Gras-Aygon, B. Tretarre, J. P. Daures, M. Gerber</i>
P. 5	Dietary patterns and breast cancer risk: A case control study in a Southern France population	<i>F. Bessaoud, C. Gras-Aygon, B. Tretarre, J. P. Daures, M. Gerber</i>
P. 6	Evaluation of the nutritional state of a patient undergoing hemodialysis: preliminary study	<i>A. Catarozzo, O. A. Hornea, V. Grillo, G. Ruggieri, P. Rossi, B. Paolini</i>
P. 7	Low-protein and protein-redistribution diets for Parkinson's disease patients with motor fluctuations: a systematic review	<i>E. Cereda, M. Barichella, C. Pedrolli, R. Caccialanza, E. Cassani, G. Pezzoli</i>
P. 8	Food choice and gastrointestinal hormones in chronic liver diseases	<i>A. Del Prete, A. Federico, C. Tuccillo, L. Gaeta, C. Del Vecchio Blanco, C. Loguercio</i>

P. 9	Predictive factors of therapeutic outcome in obese patients who underwent adjustable gastric banding	<i>L. Di Cosmo, C. Ciuoli, L. Brusco, O. Neri, S. Calossi, G. Vuolo, F. Pacini, C. Badiali, E. Lapini, A. Catarozzo, I. Del Ciondolo, B. Paolini</i>
P. 10	Assessing a miracle diet: Atkins Diet versus Nutritional Guidelines	<i>I. Domínguez, S. Sumalla, A. Marín, S. Jarrín, M. Battino, S. Gracia</i>
P. 11	Nutritional genomics for the determination of lipid metabolism alterations on nutritional related diseases	<i>I. Espinosa-Salinas, M. González-Vallinas, A. Rodríguez-Casado, S. Molina, M. González-Castejón, F. Marín, G. Reglero, A. Ramírez de Molina</i>
P. 12	Prealbumin and C-Reactive protein in monitoring nutritional intervention in hospitalized patients	<i>F. Gallo, E. Haupt, G. L. Devoto, C. Marchello, R. Garbarini, M. Ferrari Bravo, R. Boicelli, O. Racchi</i>
P. 13	Preliminary study on the effects of short-medium term blueberry (<i>V. corymbosum</i> L.) consumption in obese children	<i>L. Giongo, E. Bozza, P. Caciagli, N. Bergamo, M. Pasquazzo, E. L. Iorio, A. Costa</i>
P. 14	Nutritional habits and vitamin D intake in patients with coronary heart disease	<i>M. Giroli, F. Laguzzi, J. P. Werba, M. C. Nava, E. Tremoli</i>

P. 15	Effects of squalene, hydroxytyrosol and tyrosol on the expression of CD36 receptor in macrophages	<i>S. Granados-Principal, J. L. Quiles, C. Ramirez-Tortosa, N. El azem-De haro, P. Perez-Lopez, A. Gonzales, L. Vera-Ramirez, P. Camacho-Corencia, M. C. Ramirez-Tortosa</i>
P. 16	Hydroxytyrosol restrains the growth of experimental breast tumours in rats	<i>S. Granados-Principal, J. L. Quiles, P. Perez-Lopez, N. El Azem-De haro, A. Gonzalez, P. Camacho-Corencia, L. Vera-Ramirez, C. Ramirez-Tortosa, P. Sanchez-Rovira, M. C. Ramirez-Tortosa</i>
P. 17	The effect of coenzyme Q10 and Phlebodium decumanum on oxidative stress and inflammation in an extreme exercise	<i>N. Kajarabille, M. C. Garcia, R. Guisado, S. Granados-Principal, C. De Teresa, J. J. Ochoa</i>
P. 18	Lack of accuracy of predictive equations for estimating resting energy expenditure in severely obese adolescents	<i>M. Marra, C. Montagnese, F. Vitale, R. Sammarco, C. Finelli, R. Orciuoli, A. Caldara, R. Alessandrini, F. Contaldo, F. Pasanisi</i>

P. 19	Prediction of basal metabolic rate in young-adult obese non diabetic patients using bioimpedance analysis	<i>M. Marra, C. Montagnese, F. Vitale, R. Sammarco, V. Amato, M. Naccarato, M. Silvestri, R. Alessandrini, F. Contaldo, F. Pasanisi</i>
P. 20	The continous monitoring of hyglycaemia in Enteral Nutrition (EN) patients	<i>Mirri E, Colantoni V, Palazzi M, Papi M, Fatati G.</i>
P. 21	Nutrition and physical improvement in school children after a short-term intervention	<i>J. J. Muros, M. J. Oliveras-López, E. Agudo, C. Rodríguez-Pérez, M. Villalón, M. Zabala, H. López-García de la Serrana</i>
P. 22	Determination of food intake and dietary habits in a Mediterranean community: urban Moroccan woman	<i>M. Mziwira, M. El ayachi, D. Lairon, R. Belahsen</i>
P. 23	Nephrolithiasis: epidemiologic and clinical data surveyed from a ultrasonography surgery	<i>B. Paolini, A. Catarozzo, I. Del Ciondolo, M. Vincenzi</i>
P. 24	A randomized controlled trial of diet, physical activity and breast cancer recurrences: the DIANA-5 study	<i>P. Pasanisi, G. Gargano, E. Bruno, M. Raimondi, E. Venturelli, A. Cavalleri, V. Krogh, M. Bellegotti, B. Bonanni, S. Panico, A. Traina, C. Scipioni, N. Segnan, F. Berrino, A. Villarini</i>

P. 25	Pseudohypoparathyroidism (PHP) type Ia: a rare case of monogenic disorder with obesity	<i>F. Pendola, L. De Sanctis, F. Pezzolo, C. Buzzanca, F. Grisolia, C. Beluschi, M. Ivaldi</i>
P. 26	Expression changes in apoptosis-related genes in old vs. young rats fed life-long on virgin olive, sunflower or fish oils	<i>P. Perez-Lopez, M. C. Ramirez-Tortosa, J. J. Ochoa, S. Granados-Principal, N. El azem-De haro, A. Gonzales, M. Lopez-Frias, C. L. Ramirez-Tortosa, M. Battino, J. L. Quiles</i>
P. 27	B Vitamin deficiency in critical care patient: association with vitamins involved in homocysteine metabolic route	<i>E. Planells, M. Á. García Ávila, J. Martín, D. Florea, E. Millán, L. Sáez, M. Rodríguez-Elvira, C. Cabeza, B. Quintero, A. Pérez de la Cruz</i>
P. 28	Beyond education programs: replicating the Food Dudes studies in the Italian cultural environment	<i>G. Presti, S. Mazzarino, A. Costantino, P. Moderato</i>
P. 29	EGG Consumption, age's in food, insulin resistance and c-reactive protein in normal, overweight and obese subjects	<i>M. G. Reynaga-Ornelas, M. E. Garay-Sevilla, C. Quintanilla-García, G. Barbosa-Sabanero</i>
P. 30	Genotoxicity valuation in neonates by non-invasive methods of diagnosis	<i>E. M. Romero-Sánchez, S. Granados-Principal, B. Muñoz-Asensio, J. A. Hurtado, C. Roca, J. L. Quiles, M. C. Ramirez-Tortosa</i>

P. 31	Antioxidant capacity of Squalene, the main hydrocarbon presents in Virgin Olive Oil, on a human breast epithelial cell line (MCF10A)	<i>C. Sánchez-Quesada, F. Warleta, M. Campos, J. Chamorro, J. J. Gaforio</i>
P. 32	Validation of a new easy and non-invasive method to determine resting energy expenditure and breathing ratio	<i>G. Scarsella, L. Persi, M. F. E. Perrone, M. De Fulvio, F. Tubili, C. Tubili</i>
P. 33	Metabolic effects of silybin: in vitro and in vivo studies	<i>P. Stiuso, I. Scognamiglio, M. Murolo, E. Biscaglia, C. Di Manzano, C. Tuccillo, A. Del Prete, C. Loguercio</i>
P. 34	Assessing the nutritional intake and the profile of a Latin American group of Nutrition postgraduate students	<i>S. Sumalla, I. Elío, I. Dominguez, A. Marín, S. Jarrín, M. Battino, S. Gracia</i>
P. 35	The relative role of non exercise physical activity (NEPA) and energy intake in weight decrease resistant fitness practising overweight women	<i>C. Tubili, M. Lombardi, F. Perrone, F. Tubili, O. Hassan</i>
P. 36	Cardiovascular risk in diabetic patients: the role of cystatin c levels	<i>S. Valaperta, M. Monari, J. Molenda, G. Graziani, A. Montanelli</i>
P. 37	Which factors are associated with prevalence of overweight and obesity in children?	<i>R. Vallès Navarro, J. Sorribes López, E. Zurilla Leonarte, J. Bernad Suarez, L. Muñoz Ortiz, B. Fernandez Najar</i>

P. 38	Chemotherapy does not affect the intake of micronutrients in breast cancer patients receiving either neoadjuvant or adjuvant therapy	<i>L. Vera-Ramirez, M. C. Ramirez-Tortosa, S. Granados-Principal, P. Sanchez-Rovira, C. L. Ramirez-Tortosa, J. A. Lorente, J. L. Quiles</i>
P. 39	Energy and macronutrients intake is not affected by neoadjuvant or adjuvant chemotherapy in breast cancer patients	<i>L. Vera-Ramirez, M. C. Ramirez-Tortosa, S. Granados-Principal, P. Sanchez-Rovira, C. L. Ramirez-Tortosa, J. A. Lorente, J. L. Quiles</i>
P. 40	Study <i>in vitro</i> of breast cancer metastasis prevention by some minor compounds presents in Virgin Olive Oil	<i>F. Warleta, C. Sánchez-Quesada, M. Campos, J. Chamorro, J. J. Gaforio</i>
P. 41	Assessment of resting metabolic rate: prediction equations vs indirect calorimetry values	<i>L. Zoni, L. Valeriani, M. T. Fabozzi, C. Lesi</i>
P. 42	Biochemical monitoring of enteral nutrition	<i>L. Zoni, L. Valeriani, M. T. Fabozzi, E. Fantoni, B. Corradini, L. Andrini, C. Lesi</i>

SPEAKERS AND CHAIRMEN

AMERIO MARIA LUISA (ITALY)

ARANCETA BARTRINA JAVIER (SPAIN)

ARCA MARCELLO (ITALY)

BADIMON LINA (SPAIN)

BARALE ROBERTO (ITALY)

BATTINO MAURIZIO (ITALY)

BELAHSEN REKIA (MOROCCO)

BERNER YITSHAL N. (ISRAEL)

BERTOLI ENRICO (ITALY)

BLOEM MARTIN (ITALY)

BULLON PEDRO (SPAIN)

CARETTO ANTONIO (ITALY)

CERIELLO ANTONIO (ITALY)

CHAMORRO QUIROS JOSÉ (SPAIN)

CHAPPLE IAIN (UNITED KINGDOM)

CONGET DONLO IGNACIO (SPAIN)

CULEBRAS FERNÁNDEZ JÉSUS (SPAIN)

DELGADO RODRÍGUEZ MIGUEL (SPAIN)

DOMINGUEZ LÓPEZ MARTA (SPAIN)

FATATI GIUSEPPE (ITALY)

FUSCO MARIA ANTONIA (ITALY)

GERBER MARIETTE (FRANCE)

GIL HERNÁNDEZ ÁNGEL (SPAIN)

GIL-CAMPOS MERCEDES (SPAIN)

IRLES ROCAMORA JOSÉ ANTONIO (SPAIN)

LEOTTA SERGIO (ITALY)

LITTARRU GIAN PAOLO (ITALY)

MAGNI PAOLO (ITALY)

MARTINEZ ALFREDO (SPAIN)

MEDINA TICO (SPAIN)

PARILLO MARIO (ITALY)

QUILES JOSÈ LUIS (SPAIN)

ROCHE COLLADO ENRIQUE (SPAIN)

SERRA ALIAS MAGDA (SPAIN)

SERRA I MAJEM LLUIS (SPAIN)

SERRANO RIOS MANUEL (SPAIN)

SUKKAR SAMIR GIUSEPPE (ITALY)

TRICHOPOULOU ANTONIA (GREECE)

VISIOLI FRANCESCO (FRANCE)

GENERAL INFORMATION

VENUES

The Meeting venue is the Abades Nevada Palace Hotel which has a privileged location, only five minutes from the centre of the monumental city of Granada and the Alhambra.

ABADES NEVADA PALACE HOTEL

C/ de Sultana, 3 - Granada
Phone +34 902 222 720

OPENING CEREMONY

It will be held at Aula Magna of the University of Granada Faculty of Medicine
Avenida de Madrid, 11 - Granada

POSTER SESSION AWARDS

The Scientific Committee will select the best abstracts which will be discussed in plenary session on Saturday 19 June.

PROCEEDINGS BOOK

All accepted abstracts and all speakers' papers will be published in the proceedings book available at the Vivavoce Desk.

ATTENDANCE CERTIFICATE

All registered attendees will receive an Attendance Certificate at the end of the conference.

EDUCATIONAL CREDITS

CME Accreditation

Procedures to have the meeting registered with the Department of Continuing Medical Education at the Ministry of Health to enable the assignment of CME credits have been activated. CME credit certificates are given to attendees belonging to one of the accredited professions who must effectively participate in the complete educational programme and pass a knowledge achievement test. The number of credits cannot be reduced or divided.

EACCME Accreditation

The conference is accredited by the European Accreditation Council for Continuing Medical Education (EACCME) to provide CME activity for medical specialists. The EACCME is an institution of the European Union of Medical

Specialists (UEMS), www.uems.net
Credit certificates are given to attendees belonging to one of the accredited professions who must effectively participate in the complete educational programme and pass a knowledge achievement test. The number of credits cannot be reduced or divided.

ACCREDITED SPECIALISTS: Medical Doctors
- Biologists - Dieticians

OFFICIAL LANGUAGE

The official language is English. A simultaneous translation (Spanish-Italian) will be provided during the conference.

CONFERENCE ORGANIZER



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19.00 Transfer from the Abades Hotel to the University of Granada Faculty of Medicine

19.30 **Opening Ceremony** UNIVERSITY OF GRANADA FACULTY OF MEDICINE

21.30 **Welcome Reception** MUNICIPALITY OF GRANADA

The Welcome Reception will be held in the beautiful "Patio" of the Municipality of Granada. It will consist of a cocktail dinner with a Flamenco show performed by the "Asociación de Coros y Danzas de Granada"

23.30 Transfer from Granada city centre to the Abades Hotel

Thursday 17 June

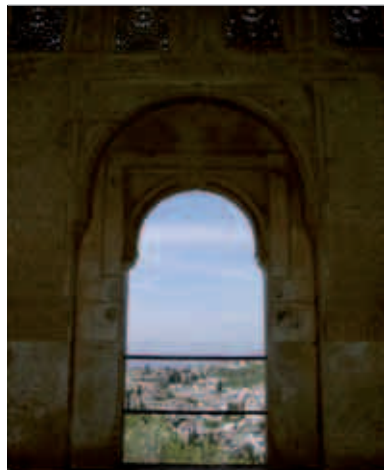


20.30 Transfer from the Abades Hotel to the Alhambra Palace Hotel

21.00 **Social Dinner** ALHAMBRA PALACE HOTEL

The Social Dinner will be held in the beautiful Alhambra Palace Hotel, an impressive Moorish building with exquisite features inspired by the adjacent Alhambra Palace. The hotel has fantastic views over the city of Granada and the mountains of the Sierra Nevada

23.30 Transfer from the Alhambra Palace Hotel to ther Abades Hotel



19.30 Transfer from the Abades Hotel

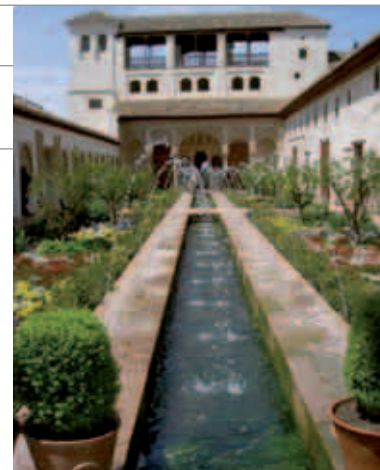
20.00 **Spanish Dinner**
LA MIMBRE RESTAURANT - CARMEN DE SAN MIGUEL RESTAURANT

22.00 **Guided night visit to the Alhambra**
(the Nasrid Palaces)

The Alhambra is a monumental ensemble of historical, artistic monuments created over more than six hundred years by cultures as different as the Muslim, the Renaissance or the Romantic culture. The Alhambra was a palace, a fortress and a citadel: the residence of the Nasrid Sultans and top government officials, court servants and the royal guard.

Participants will enjoy the unforgettable experience to visit exclusively the "Palacios Nazaries", complex of palaces, the residence of the kings of Granada. Before the visit, a dinner in typical restaurants with local gastronomical specialities will be served.

24.00 Transfer to the Abades Hotel



9.30

Meeting point at the Conference Centre.

Departure for a full-day tour of Granada and its main monuments, including the Royal Chapel, the Cathedral, a wonder of the Spanish Renaissance, the Madraza (medieval koranic school) a walk across the Alcaicería, the old silk market arab style. Lunch in a typical restaurant. In the afternoon, guided visit to the Corral del Carbón, the XIV century caravanserail; a medieval hotel for merchants and their precious artiche and finally the Albayzin, old islamic neighbourhood.

Friday 18 June

9.30

Meeting point at the Conference Centre.

Departure for a full-day tour to discover the mountain region of "La Alpujarra" just at the back of the Sierra Nevada mountains. The Alpujarra villages (Lanjarón, Capileira, Pampineira and Bubión) climb onto the mountain sides dispersing the white of the houses among the green of the forests and valleys. Lunch in a typical restaurant

GENERAL INFORMATION

TRANSFER SERVICE

Saturday 19 June

Departures to Malaga/Granada airports

Sunday 20 June

Departures to Malaga/Granada airports

All detailed timetable will be available at the Vivavoce desk the day before departure according to flight timetables

EXHIBITION

A technical and scientific exhibition will be held at the conference venue.

BADGE

Delegates, speakers and accompanying persons are requested to wear their identification badge for all events.

USEFUL INFORMATION

Granada National Airport Federico García Lorca

is located 15 Km. from Granada

International Airport of the Costa del Sol Malaga

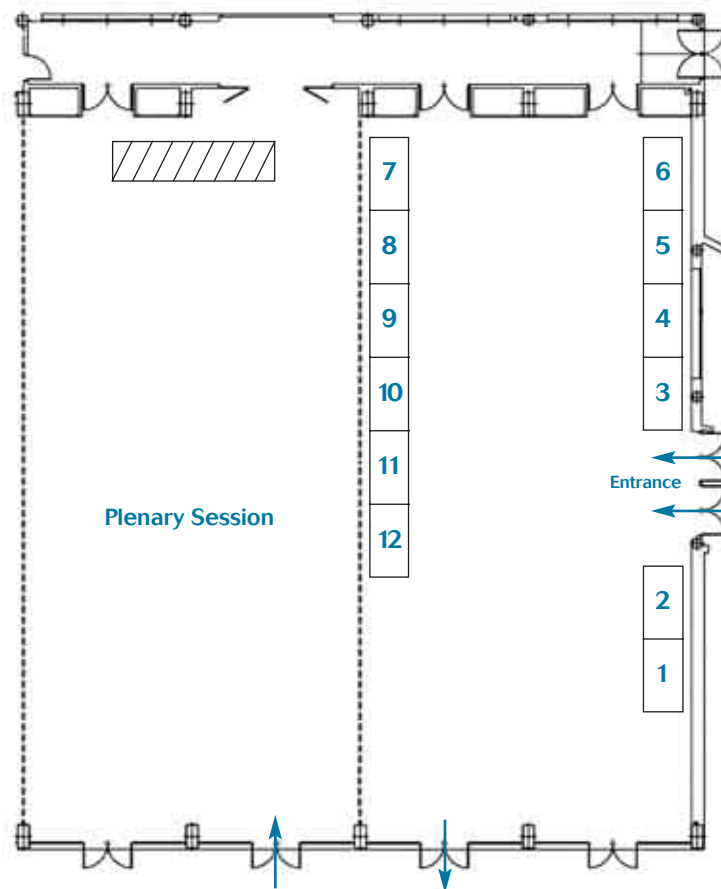
is located 130 Km. from Granada

Tele-Radio-Taxi +34 958 280 654

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CONFERENCE AREA PLAN



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Organizing Secretariat



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